## SMALL CHANGES, BIG IMPROVEMENTS.



THE PARENTING PROGRAM PROVEN TO WORK

## 亲子正面教育 (免费课程)

讲座将由 Family Services of York Region 辅导员主讲(語言:普通话及廣東話)。 讲座名额只有二十人

日期:

5月31日(星期四)「建立正面的自我形象」

6月7日(星期四)「处理焦虑」

6月14日(星期四)「如何应付孩子的反叛行为」

时间:晚上6时至8时

地點:Unionville 中学 (201 Town Centre Blvd)

由于名额有限,有意参加者请尽早报名: 网上报名

电话报名或查询: 吳老师 (约克区教育局) 905-884-2046 分机 267

电邮报名或查询:吴老师 cathy.ng@yrdsb.ca

敬请注意:是次講座不设托儿服务

## Triple P Positive Parenting Program (FREE)

The workshops will be presented by counsellors from Family Services of York Region (Language: Mandarin and Cantonese).

Limited to 20 participants

Dates:

May 31, 2018 (Thur): Self-Esteem

June 7, 2018 (Thur): Coping with Anxiety

June 14, 2018 (Thur): Disobedience

Time: 6:00 - 8:00 p.m.

Location: Unionville High School (201 Town Centre Blvd., Markham)

## Space is limited. Please RSVP: Online Registration

Phone registration and inquiry: Cathy Ng (YRDSB) 905-884-2046 ext. 267

Email registration and inquiry: Cathy Ng <a href="mailto:cathy.ng@yrdsb.ca">cathy.ng@yrdsb.ca</a>

Please note: Childminding will NOT be provided for this workshop